

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2026



Ground Floor Programs Calendar

9:00- Β ΛΟΥΚΑ - Ορθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Spa Day 3:00- Target Toss 4:00- 1:1 Activities	10:00- Biblical Studies with Fr. Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:00- Food Services Week: <u>Raffle Draw</u> 3:30- Hangman 6:00- Memory Games	10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- <i>Golden Voices</i> 2:30- Food Services Week: <u>Coffee & Tarts</u> 3:00- Bingo 3:30- Target Toss	10:00- 1:1 Pastoral Visits 10:15- Group Exercise 10:45- Ball Toss 2:30- Food Services Week: <u>Residents and Staff</u> <u>Appreciation- Tacos & Drinks</u> 3:30- <i>Discussion on Heros of 1940</i>	9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:15- Balloon Tennis 2:30- Food Services Week: <u>Apple Turnover & Ice Cream</u> 3:00- Religious Reading 3:30- 1:1 Activities	9:45- iPad/iPod Music 10:15- Global Handwashing Day Session 10:45- Group Exercise 11:15- Ball Toss 1:30- Arts and Colouring 2:30- Food Services Week: <u>Assorted Treats</u> 3:00- Movie Time	10:00- iPod/iPad Music 10:15- Bingo 2:00- Pet Therapy 3:00- Knitting, Lacing and Puzzles 3:45- Garden Visit: Small Group Activities 6:00- Sports Games Simchat Torah Begins
9:00- ΑΓ. ΠΑΤΕΡΩΝ Ζ ΟΙΚ. ΣΥΝ - Όρθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Target Toss 2:30- Group Greek Newspaper Reading 4:00- 1:1 Activities	10:00- Biblical Studies with Fr. Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Thanksgiving Day Celebration: Pumpkin Pie 6:00- Memory Games Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Bingo 3:00- Manicure Time 3:30- Trivia/Proverbs	10:00- 1:1 Pastoral Visits 10:15- Group Exercise 10:45- Ball Toss 1:30- Greek Coffee Social 2:00- National Angel Food Cake Day 3:30- Sing-along 6:00- 1:1 Visits	9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:15- Balloon Tennis 2:00- Montessori Activities 3:00- <i>Discussion on Heros of 1940</i> 3:30- 1:1 Activities	9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- Arts and Colouring 2:00- Movie Time 3:30- Newspaper	10:00- iPod/iPad Music 10:15- Bingo 1:30- Knitting, Lacing and Puzzles 2:30- Tea Social 3:45- Small Group Activities 6:00- Sports Games
9:00- Γ ΛΟΥΚΑ - Όρθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Spa Day 3:00- Target Toss 4:00- 1:1 Activities	10:00- Biblical Studies with Fr. Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Hangman 3:30- Small Group Activities 6:00- Memory Games	10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- <i>Golden Voices</i> 2:00- Bingo 3:00- Manicure 3:30- Target Toss	10:00- Χριστοδούλου, Σωκράτους, Ιλαρίωνος και Ιωάννου Μονεμβασιώτη - Θεία Λειτουργία (Nursing Home) 1:30- Greek Coffee Social 1:45- Group Exercise 3:30- <i>Discussion on Heros of 1940</i>	9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:15- Balloon Tennis 2:30- Rice Pudding Day 3:00- Religious Reading 3:30- 1:1 Activities	9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- Arts and Colouring 2:00- Movie Time 3:30- Newspaper	10:00- iPod/iPad Music 10:15- Bingo 1:30- Knitting, Lacing and Puzzles 2:30- Greek Yogurt Social 3:45- Small Group Activities 6:00- Sports Games
9:00- ΣΤ ΛΟΥΚΑ - Όρθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Target Toss 2:30- Group Greek Newspaper Reading 4:00- 1:1 Activities	9:00- Δημητρίου Μεγαλομάρτυρος - Όρθρος- Θεία Λειτουργία 1:30- Group Exercise 2:00- Ball Toss 3:30- Small Group Activities 6:00- Memory Games	10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Bingo 3:00- Manicure Time 3:30- Sing-along	9:00- Αγ. Σκέπης Θεοτόκου - Όρθρος- Θεία Λειτουργία 1:30- Group Exercise 2:00- OXI Day Discussion and Celebration 6:00- 1:1 Visits	9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:15- Balloon Tennis 2:00- Religious Reading 3:00- Sports Games 3:30- 1:1 Activities	9:45- iPad/iPod Music 10:15- Residents Birthday Celebration 10:45- Group Exercise 11:15- Ball Toss 1:30- Arts and Colouring 2:00- Movie Time 3:30- Newspaper	10:00- iPod/iPad Music 10:15- Bingo 1:30- Halloween Celebration 3:45- Small Group Activities 6:30- Μ. Εσπερινός – Αγίων Αναργύρων (ΕΣΤΙΑ) Halloween