

October 2026



Hellenic Care for Seniors (Toronto) Inc.

Newsletter



Upcoming Events

October 1: **National Seniors Day**

October 5- 9: **Food Services Week**

Day 1- Raffle Draw

Day 2- Coffee and Tarts

Day 3- Resident and Staff Appreciation: Tacos and Drinks

Day 4- Apple Turnovers and Ice Cream

Day 5- Assorted Treats

October 10- **Pet Therapy**

October 12- **Thanksgiving Day Celebration**

October 14- **National Angel Food Cake Day**

October 22- **Rice Pudding Day**

October 28- **OXI Day Celebration**

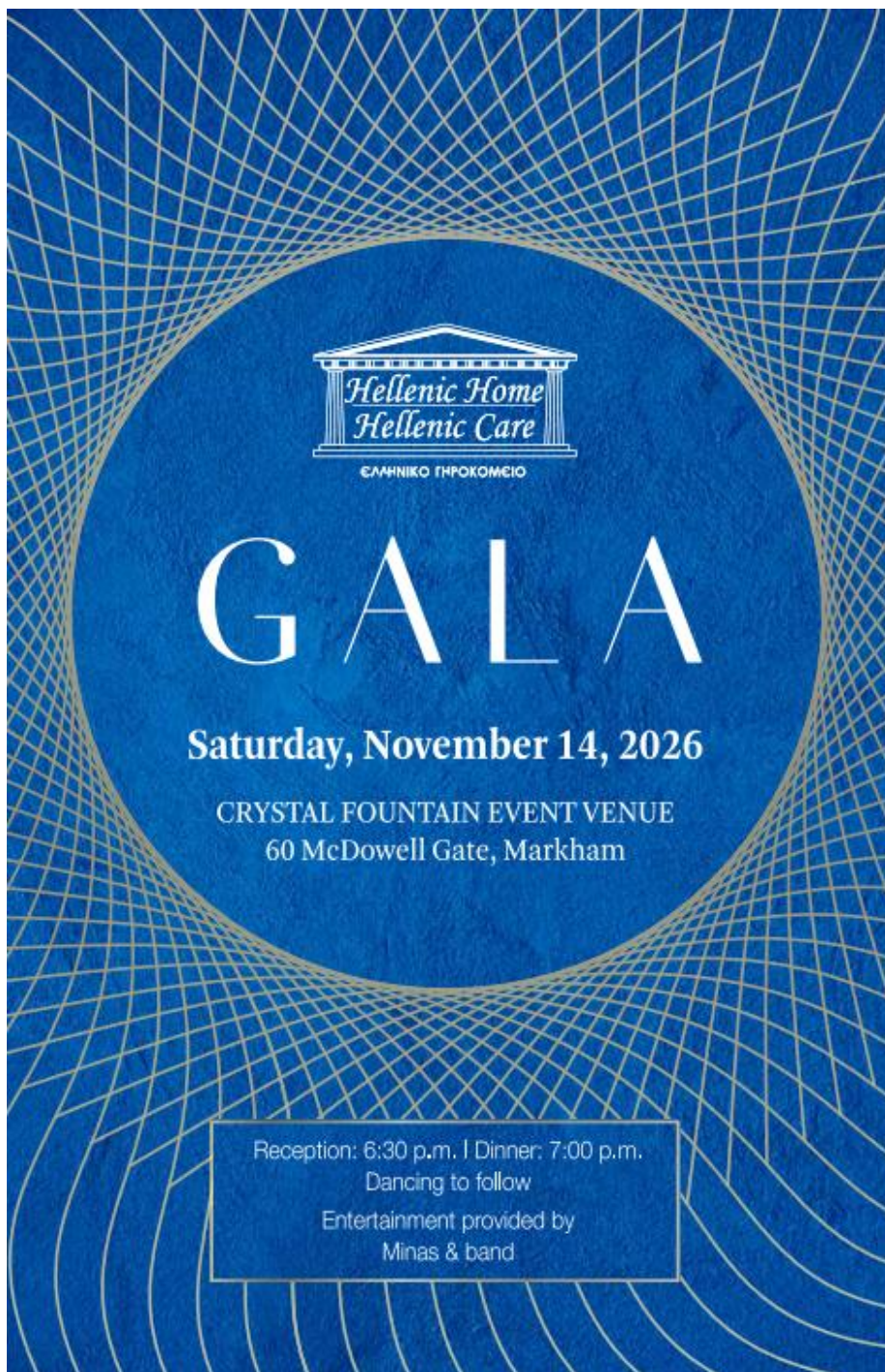
October 30- **Residents Birthday Celebration**

October 31- **Halloween Celebration**



Happy
OXI DAY
OCTOBER 28

FAMILIES AND FRIENDS OF HELLENIC CARE FOR SENIORS



Resident Council Week Celebration



Environmental Services Week Celebration



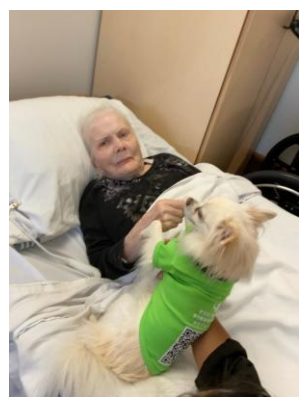
Residents Birthday Celebration



HAPPY BIRTHDAY



Visit by Puff Puff and Friends



Education Sessions on Sepsis and Alzheimer's Disease



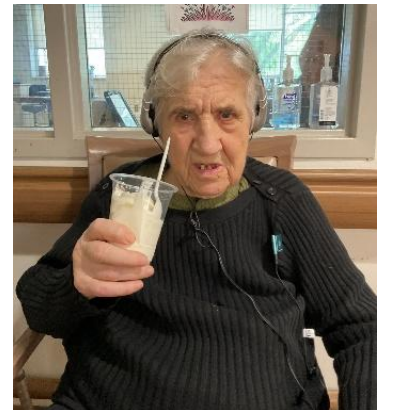
Blessing with Holy Water



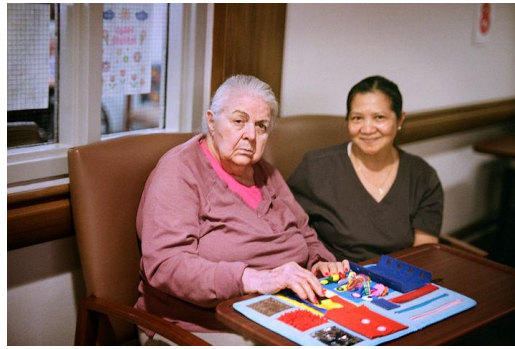
Golden Voices Program



Grandparents Day- Ice Cream Truck



AdvantAge Ontario Photoshoot



Attention Visitors



If you have at least one of the following symptoms: fever and/or new onset of cough or difficulty breathing

OR

At least two of the following symptoms:

- chills
- fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- hoarse voice
- difficulty swallowing
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

please delay your visit AND contact your health care provider, or Telehealth Ontario (1-866-797-0000)