

October 2026



Hellenic Home for the Aged (Scarborough) Inc.

Newsletter



Upcoming Events

October 1 – Lamb Lunch with Residents

October 3 – Pet Therapy with Puff-Puff and Friends

October 5 – Information Session – How to Protect Yourself During the Respiratory Season

October 5 to 9 – Food Services Week

October 10 – Birthday Celebration with Live Music

October 11 – Thanksgiving Arts & Crafts

October 12 – Treats for Thanksgiving

October 13 – Baking Pizza

October 14 - Education Session on Depression from NLOT

October 15 – Bowling Tournament

October 17 – Art Therapy with Azalea

October 18 – Men's Club

October 20 – Resident Outing

October 21 – Education Session on Stroke from NLOT

October 22 - Staff & Residents

Appreciation BBQ October Fest

October 23 – Apple Pies with Vanilla Ice Cream

October 26 – Municipal Election Day

October 27 – Carving Pumpkins

October 28 – Celebration of 28th of October - OXI

October 31 – Staff and Residents Carnival Parade

Family members and significant people of importance to the residents are encouraged to review and participate in activities posted on the activity calendar. Your feedback is welcomed and greatly appreciated.

Please contact Home's Programs Coordinator, Elisabeta Belliu at: (416)654-7718 ext. 3104

Families and Friends of Hellenic Home Scarborough

GALA

Saturday, November 14, 2026

CRYSTAL FOUNTAIN EVENT VENUE
60 McDowell Gate, Markham

Reception: 6:30 p.m. | Dinner: 7:00 p.m.
Dancing to follow
Entertainment provided by
Minas & band

October 2026

Resident's Council Week



Environmental Services Week





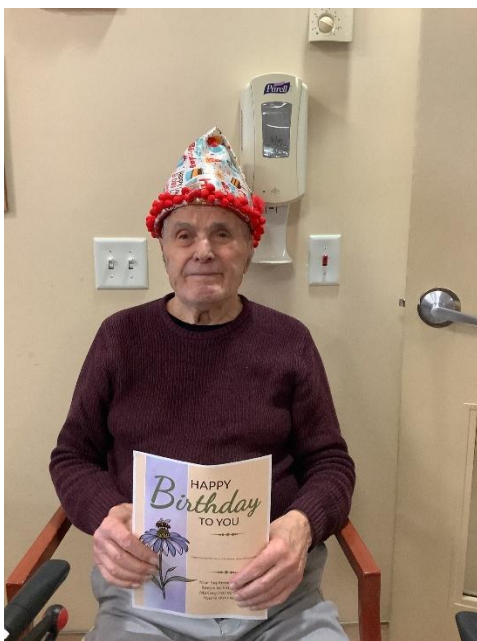
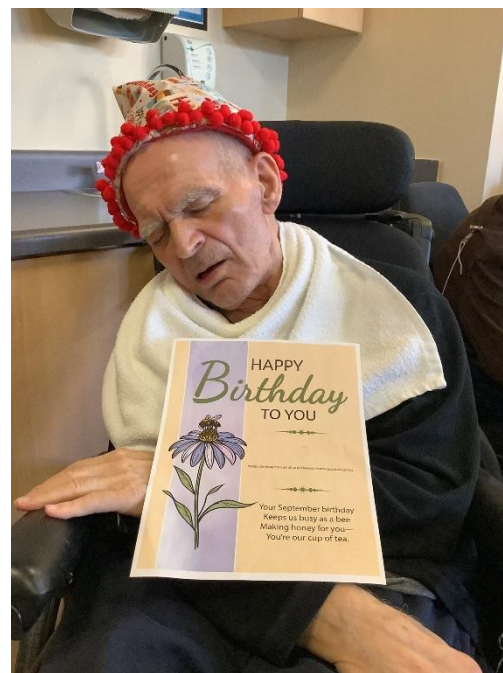
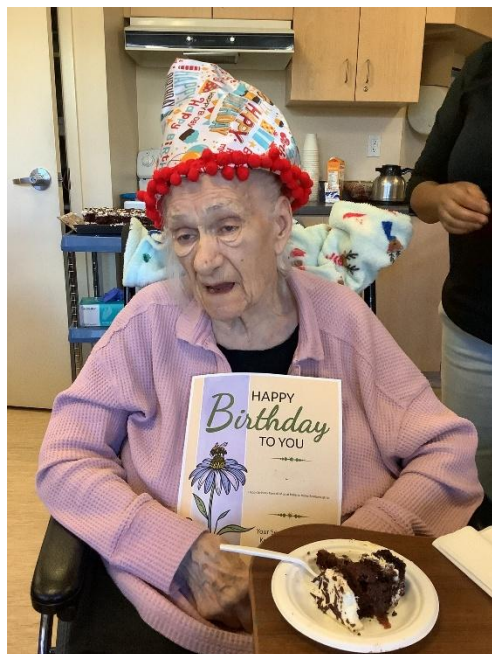
Cooking Programs



Ice Cream Truck



Birthday Celebration



October 2026

Montessori Activities



Life at Hellenic



Attention Visitors



If you have any of the following symptoms of **COVID-19**:

- fever
- new onset of cough
- chills
- unexplained fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- difficulty breathing
- difficulty swallowing
- pink eye
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

OR you have been exposed to someone with COVID-19 or someone who has developed new respiratory symptoms, **please delay your visit AND contact either your health care provider, Telehealth Ontario (1-866-797-0000), or visit an Assessment Centre for testing.**