

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 *1:1 Activities happen throughout the day in between groups programs. October 2026 1st Floor Programs Calendar				9-11- Pastoral Visit 1 10- The News 11- Darts 12- Lunch with Residents in C/Room 3- Coloring 4- Sensory Stimulation 7- Sorting Games	2 10- Short Stories 11:15- Group Exercises 2- Arts & Crafts 3- Feel & Fold 4- Greek Movie 7- Montessori Activities	3 10- Bible Reading 11- Ball Toss 2- Pet Therapy with Puff-Puff and Friends 2- Puzzles 3- Music Corner 4- Reminiscing 7- Feel & Fold Simchat Torah Begins
9:30- 11:00- Chapel Service 4 2- Manicure 3- Sensory Music 7- Lacing	9-11- Pastoral Visit 5 10- Food Services Week- Assorted Donuts 2- Information Session – Flu Season 4- Sensory Stimulation 7- Puzzles	9-11- Pastoral Visit 6 10- Table Games 11:15- Group Exercises 2- Food Services Week- Spring Rolls 4- Knitting 7- Religious Hymns	9-11- Pastoral Visit 7 10- Coloring 11- Ring Tos 2- Food Services Week- Kokakia 4- Gentle Hand Massage 7- Sensory Music	9-11- Pastoral Visit 8 10- Lacing 11- Short Stories 2- Food Services Week- Cheese/Spinach Pies 4- Reminiscing 7- Sensory Stimulation	9-11- Pastoral Visit 9 10- Table Games 11:15- Group Exercises 2- Food Services Week- Keftedakia Tzatziki/Pita 4- Sensory Music 7- Coloring	10- Bible Reading 10 11- Puzzles 2- Birthday Celebration with Live Music in the C/Room 4- Greek TV 7- Montessori Activities
9:30- 11:00- Chapel Service 11 2- Thanksgiving Arts & Crafts 7- Greek TV	10- Greek Coffee 12 11- Ring Toss 2- Treats for Thanksgiving 4- Gentle Hand Massage 7- Reminiscing Indigenous Peoples' Day Thanksgiving Day (Canada)	9-11- Pastoral Visit 13 10- Puzzles 11:15- Group Exercises 2- Baking Pizza 4- Knitting 7- Sorting Game	9-10:30- Chapel Service 14 1st Floor Only 10- Residents Council 3rd Floor 2- Education Session on Depression from NLOT 4- Sensory Music 7- Lacing	9-11- Pastoral Visit 15 10- Coloring 11- Manicure 2- Bowling Tournament in C/Room 4- Greek Movie 7- Puzzles	10- Reading Group 16 11:15- Group Exercises 2- Arts & Crafts 3- Short Stories 4- Gentle Hand Massage 7- Religious Hymns	10- Sorting Game 17 11- Bible Reading 2-Art Therapy with Azalea in C/Room 4- Sensory Music 7- Greek Movie
9:30- 11:00- Chapel Service 18 2- Men's Club 7- Feel & Fold	9-11- Pastoral Visit 19 10- Reading Group 11- Darts 2- Greek Coffee 3- Puzzles 4- Knitting 7- Sensory Music	9-11- Pastoral Visit 20 10- Short Stories 11:15- Group Exercises 2- Outing 7- Montessori Activities	9-11- Pastoral Visit 21 10- Fishing Game 11- Manicure 2- Education Session on Stroke from NLOT 4- Greek Movie 7- Sorting Game	9-11- Pastoral Visit 22 10- Coloring 11- Gentle Hand Massage 2- Staff & Residents Appreciation BBQ October Fest 4- Greek TV 7- Sensory Stimulation	10- Short Stories 23 11:15- Group Exercises 2- Apple Pies with Vanilla Ice Cream 4- Puzzles 7- Sensory Music	10- Bible Reading 24 11- Feel & Fold 2- Ring Toss 3- Sensory Stimulation 4- Gentle Hand Massage 7- Sorting Game
9:30- 11:00- Chapel Service 25 2- Manicure 3- Short Stories 7- Greek Movie	9:30- 11:00- Chapel Service 26 10-8PM – Municipal Election Day	9-11- Pastoral Visit 27 10- Sorting Game 11:15- Group Exercises 2- Carving Pumpkins 4- Coloring 7- Puzzles	9:30- 11:00- Chapel Service 28 2- Celebration of 28th of October - OXI 7- Religious Hymns	9-11- Pastoral Visit 29 10- Short Stories 11- Puzzles 2- Manicure 3- Gentle Hand Massage 4- Sensory Music 7- Montessori Activities	8- Breakfast with Residents 30 11:15- Group Exercises 2- Table Games 3- Sensory Stimulation 7- Feel & Fold	10- Darts 31 11- Bible Reading 2- Staff and Residents Carnival Parade 7- Sensory Stimulation Halloween