Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*1:1 Activities happen throughout the day in between groups programs. *Programs are liable to change.		1 9-11- Pastoral Visit 10- Group Exercises 2- Bingo 3:45- Sensory Music 6- Montessori Activities	2 9-11- Pastoral Visit 10- Darts 2- Manicure 3:45- Gentle Hand Massage	3 9-11- Pastoral Visit 10- Reading Group **2- Watermelon Social** 3:45- Religious Hymns 6- Movie Night with Popcorn	4 10- Group Exercises 2- Baking 6- Lacing 6:45- Sensory Music	5 10- Bible Reading 2- Fishing Game 3:45- Sensory Stimulations
6 **9:30- 11:00- Chapel Service** 2- Arts & Crafts	7 10- Greek Coffee **2- Celebrating Environmental Service Week – Kokakia** 4- Shorts Stories 6- Sorting Game Labor Day	**9:30- 11:00- Chapel Service** **2- Celebrating Environmental Service Week – Beef Patties** 6- Puzzles	9 9-11- Pastoral Visit 10- Bingo **2- Celebrating Environmental Service Week – Spring Rolls** 4- Sensory Music 6- Montessori Activities	10 9-11- Pastoral Visit 10- Ball Toss **2- Celebrating Environmental Service Week - Keftedakia/Tzatziki** 4- Reminiscing 6- Movie Night with Popcorn 6:45- Sensory Music	11 10- Group Exercises **2- Celebrating Environmental Service Week – Ice Cream Truck** 4- Sensory Stimulation Rosh Hashanah Begins	12 10- Bible Reading **2- Men's Club** 4- Short Stories 6- Greek Movie
13 **9:30- 11:00- Chapel Service** **2- Grandparents Day Celebration – Assorted Donuts** 6- Sensory Music Grandparents Day	14 **9:30- 11:00- Chapel Service** **2- Resident's Council Week Celebration – Kefalograviera/ Crackers** 6- Sensory Stimulation	15 9-11- Pastoral Visit 10- Group Exercises **2- Resident's Council Week Celebration - Meet and Greet** 4- Sensory Music 6- Lacing	16 **10- Residents Council 2nd Floor** **2- Resident's Council Week Celebration – Cheese/Spinach Pies** 4- Short Stories	17 9-11- Pastoral Visit 10- Greek Coffee **2- Resident's Council Week Celebration – Beef Sausage Rolls** 4- Religious Hymns 6- Movie Night with Popcorn	18 10- Group Exercises **2- Resident's Council Week Celebration with Live Music and Loukoumades** 4- Greek Movie 6- Table Games 6:45- Sensory Music	19 10- Bible Reading **2-Art Therapy with Azalea in C/Room** 4- Gentle Hand Massage Oktoberfest Begins
20 **9:30- 11:00- Chapel Service** 2- Manicure Yom Kippur Begins	21 9-11- Pastoral Visit 10- Reading Group 2- Greek Coffee 3:45- Gentle Hand Massage 6- Sensory Music	22 9-11- Pastoral Visit 10- Group Exercises **2- Outing** 6- Coloring Autumn Begins	23 9-11- Pastoral Visit 10- Arts & Crafts **2- Bowling Tournament in C/Room** 4- Sensory Stimulation 6- Religious Hymns	24 9-11- Pastoral Visit 10- Hang Man **2- Birthday Celebration** 3:45- Gentle Hand Massage 6- Movie Night with Popcorn 6:45- Sensory Music	25 10- Group Exercises 2- Puzzles 3:45- Gentle Hand Massage Sukkot Begins	26 10- Bible Reading **2- Pet Therapy with Puff-Puff and Friends** 3:45- Sensory Stimulation 6- Montessori Activities
27 **9:30- 11:00- Chapel Service** 2- Manicure 6- Sensory Stimulation	28 9-11- Pastoral Visit 10- Parachute Game 2- Greek Coffee 3:45- Gentle Hand Massage 6- Table Games	29 9-11- Pastoral Visit 10- Group Exercises 2- Bingo 3:45- Sensory Stimulation 6- Sorting Game	30 8- Breakfast with Residents 9-11- Pastoral Visit 10- Ring Toss 2- Puzzles 3:30- Greek Movie	**September 2026** **3rd Floor Programs Calendar**		

Hellenic Home for the Aged (Scarborough) Inc. 2411 Lawrence Ave E, M1P 4X1. Programs department: (416)-654-7718 ext. 3104.