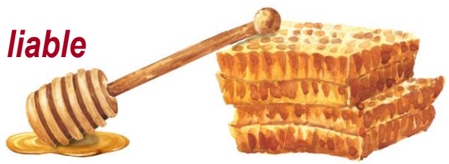
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:1 Activities happen throughout the day in between groups programs. ***Programs are liable to change.*** 		9-11- Pastoral Visit **1** 10- Arts & Crafts 11:15- Group Exercises 2- Puzzles 3- Gentle Hand Massage 4- Sensory Music 7- Feel & Fold	9-11- Pastoral Visit **2** 10- The News 11- Darts 2- Fishing Game 3- Coloring 4- Sensory Stimulation 7- Sorting Games	9-11- Pastoral Visit **3** 10- Short Stories 11- Puzzles **2- Watermelon Social** 3-Gentle Hand Massage 4- Sensory Music 7- Lacing	10- Short Stories **4** 11:15- Group Exercises 2- Table Games 3- Religious Hymns 4- Greek Movie 7- Sensory Music	10- Bible Reading **5** 11- Ball Toss 2- Puzzles 3- Music Corner 4- Reminiscing 7- Montessori Activities
9:30- 11:00- Chapel Service **6** 2- Reading Group 3- Gentle Hand Massage 7- Sensory Stimulation	10- Greek Coffee **7** 11- Ball Toss **2- Celebrating Environmental Service Week – Kokakia** 4- Reminiscing 7- Puzzles Labor Day	**9:30- 11:00- Chapel Service** **8** **2- Celebrating Environmental Service Week – Beef Patties** 7- Montessori Activities	9-11- Pastoral Visit **9** 10- Gentle Hand Massage 11- Sorting Game **2- Celebrating Environmental Service Week – Spring Rolls** 4- Short Stories 7- Feel & Fold	9-11- Pastoral Visit **10** 10- Lacing 11- Ring Toss **2- Celebrating Environmental Service Week - Keftedakia/Tzatziki** 4- Sensory Stimulation 7- Religious Hymns	10- Table Games **11** 11:15- Group Exercises **2- Celebrating Environmental Service Week – Ice Cream Truck** 4- Gentle Hand Massage 7- Montessori Activities Rosh Hashanah Begins	**12** 10- Bible Reading 11- Puzzles **2- Men's Club** 4- Sensory Music 7- Lacing Game
13 **9:30- 11:00- Chapel Service** **2- Grandparents Day Celebration – Assorted Donuts** 7- Sorting Game Grandparents Day	**9:30- 11:00- Chapel Service** **14** **2- Resident's Council Week Celebration – Kefalograviera & Crackers** 7- Sensory Music	9-11- Pastoral Visit **15** 10- Coloring 11:15- Group Exercises **2- Resident's Council Week Celebration - Meet and Greet** 4- Gentle Hand Massage 7- Greek TV	**9-10:30- Chapel Service** **16** **1st Floor Only** **10- Residents Council 2nd Floor** **2- Resident's Council Week Celebration – Cheese/Spinach Pies** 4- Reading Group 7- Greek Movie	9-11- Pastoral Visit **17** 10- Bingo 11- Sing a Long **2- Resident's Council Week Celebration – Beef Sausage Rolls** 3 - Sensory Music 7- Montessori Activities	10- Reading Group **18** 11:15- Group Exercises **2- Resident's Council Week Celebration with Live Music and Loukoumades** 4- Sorting Game 7- Feel & Fold	10- Darts **19** 11- Bible Reading **2-Art Therapy with Azalea in C/Room** 4- Sensory Music 7- Montessori Activities Oktoberfest Begins
20 **9:30- 11:00- Chapel Service** 2- Manicure 3- Sing a Long 7- Sorting Game Yom Kippur Begins	**21** 9-11- Pastoral Visit 10 - Ball Toss 11 - Arts & Crafts 2- Greek Coffee 3- Sensory Music 4- Short Stories 7- Montessori Activities	**22** 9-11- Pastoral Visit 10- Puzzles 11:15- Group Exercises **2- Outing** 7- Sorting Game Autumn Begins	9-11- Pastoral Visit **23** 10- Coloring 11- Darts **2- Bowling Tournament in C/Room** 4- Gentle Hand Massage 7- Montessori Activities	9-11- Pastoral Visit **24** 10- Hot Chocolate Social 11- Religious Hymns **2- Birthday Celebration** 4- The News 7- Sorting Game	8- Breakfast with Residents **25** 10- Table Games 11:15- Group Exercises 2- Sorting Game 3- Gentle Hand Massage 4- Religious Hymns 7- Sensory Stimulation Sukkot Begins	10- Ball Toss **26** 11- Bible Reading 2- Knitting **2- Pet Therapy with Puff-Puff and Friends** 3- Sensory Music 4- Greek Movie 7- Table Games
27 **9:30- 11:00- Chapel Service** 2- Puzzles 3- Coloring 7- Montessori Activities	9-11- Pastoral Visit **28** 10- Bible Reading 11- Fishing Game 2- Greek Coffee 3- Gentle Hand Massage 4- Sensory Music 7- Lacing	9-11- Pastoral Visit **29** 10- Reading Group 11:15- Group Exercises 2- Knitting 3- Sensory Music 4- Feel & Fold 7- Religious Hymns	9-11- Pastoral Visit **30** 10- Ball Toss 11- Short Stories 2- Table Games 3- Sorting Game 4- Gentle Hand Massage 7- Montessori Activities			

September
1st Floor Programs Calendar 2026

Hellenic Home for the Aged (Scarborough) Inc. 2411 Lawrence Ave E, M1P 4X1. Programs department: (416)-654-7718 ext. 3104.