

May 2026



# Hellenic Home for the Aged (Scarborough) Inc.

## Newsletter



### Upcoming Events

- May 1** – Celebrating May Day.
- May 2** – Art Therapy with Azalea in C/Room.
- May 6** – Outing.
- May 7** – Education Session – Palliative/Goals of Care.
- May 10** – Mother’s Day Celebration.
- May 11** – Celebrating Nursing Week–Variety of Noodles.
- May 12** – Celebrating Nursing Week–Coffee/Cake.
- May 13** – Celebrating Nursing Week–Variety of Spring Rolls.
- May 14** – Celebrating Nursing Week–Variety of Samosas.
- May 15** – Celebrating Nursing Week–Ice Cream Truck.
- May 16** – Pet Therapy with Puff-Puff and Friends.
- May 16** – Birthday Celebration with Live-Music.
- May 18** – Victoria’s Day Celebration.
- May 19** – Residents/Staff Appreciation – PSW Day.
- May 20** – Bowling Tournament in C/Room.
- May 27** – Plant a Flower Day.
- May 28** – International Burger Day.

*Family members and significant people of importance to the residents are encouraged to review and participate in activities posted on the activity calendar.*

*Your feedback is welcomed and greatly appreciated.*

*Please contact Home’s Programs Coordinator, Elisabeta Belliu at: (416)654-7718 ext. 3104*

### Families and Friends of Hellenic Home Scarborough

# Anastasi at Hellenic Home Scarborough



# Preparing Epitaphio



May 2026

# Easter Celebration



# Coloring Easter Eggs



# Making Koulourakia



# Celebrating Earth Day



# Birthday Celebration



# Life at Hellenic Home Scarborough



# Attention Visitors



If you have any of the following symptoms of **COVID-19**:

- fever
- new onset of cough
- chills
- unexplained fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- difficulty breathing
- difficulty swallowing
- pink eye
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

**OR** you have been exposed to someone with COVID-19 or someone who has developed new respiratory symptoms, **please delay your visit AND contact either your health care provider, Telehealth Ontario (1-866-797-0000), or visit an Assessment Centre for testing.**