

April 2026



# Hellenic Care for Seniors (Toronto) Inc. Newsletter



## Upcoming Events

- April 1- National Peanut Butter and Jelly Day
- April 5- Palm Sunday
- April 6- Fasting Meal
- April 8- National Raisin Day
- April 9- Dyeing and Decorating Easter Eggs
- April 10- Good Friday: Venerating the Epitaphios
- April 12- Easter Day Celebration
- April 15- National Chocolate Mousse Day
- April 18- UCC Student Seniors Visit
- April 20- Discussion on Chinese Culture
- April 22- Resident and Staff Appreciation Meal: Chinese Cuisine
- April 24- Education Session on Immunization
- April 25- Pet Therapy
- April 29- Residents Birthday Celebration
- April 29- Hostess Twinkie Day



**Hellenic Home Hellenic Care**  
ΕΛΛΗΝΙΚΟ ΓΗΡΟΚΟΜΕΙΟ

### 45th Annual WALKATHON

SUNDAY JUNE 7, 2026

St. John's Greek Orthodox Church (1385 Warden Avenue) to Hellenic Home Scarborough (2411 Lawrence Avenue East)

OFFICIAL SPONSORS/ Επίσημοι Χορηγοί

Gordon FOOD SERVICE | Hellenic Home Ladies Auxiliary | Dr. George Christodoulou & Family

Annual WALKATHON  
St. George Christodoulou and Family

ELLESMERE RD.

WARDEN AVE. | HOLY TRINITY G.O.C. | KENNEDY RD. | LAWRENCE AVE. E. | HELLENIC HOME | MIDLAND AVE.

Our New 128 bed Long Term Care Facility in Scarborough

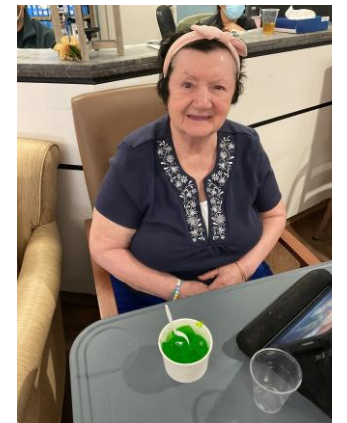
# Residents Birthday Celebration



# Greek Independence Day Celebration



# St. Patrick's Day Celebration



# National Cold Cuts Day



# Resident and Staff Appreciation- Portuguese Cuisine



# Greek Independence Day Parade



# Attention Visitors



If you have at least one of the following symptoms: fever and/or new onset of cough or difficulty breathing

**OR**

At least two of the following symptoms:

- chills
- fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- hoarse voice
- difficulty swallowing
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

**please delay your visit AND contact your health care provider, or Telehealth Ontario (1-866-797-0000)**