

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2025



## Ground Floor Programs Calendar

<p>9:00- ΤΥΡΟΦΑΓΟΥ - Όρθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Bingo 2:30- Target Toss 4:00- 1:1 Activities</p>	<p>10:00- Biblical Studies with Fr.Kosta 11:00- Group Exercise 1:30- Clean Monday Fasting Meal 6:00- Καθαρά Δευτέρα - Χοροσταύτου του Σεβασμιωτάτου Αρχιεπισκόπου Καναδά κ. Σωτηρίου</p>	<p>10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:30- Trivia 3:30- Discussion Group "March Traditions"</p> <p>Mardi Gras</p>	<p>9:30- 1:1 Pastoral Visits 10:15- Bingo 11:15- Group Exercise 1:30- Greek Coffee Social 2:00- Sewing Group 3:30- Sing-along 6:00- Προηγιασμένη Θεία Λειτουργία</p>	<p>9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:00- Manicure 2:30- Montessori Activities 3:30- Religious Reading</p>	<p>9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- 1:1 Visits 2:30- Movie Time 3:30- Newspaper 6:00- Α' Χαιρετισμοί</p>	<p>9:00- Ψυχοσάββατο – Όρθρος - Θεία Λειτουργία – Μνημόσυνο 1:30- Hot Chocolate Social 3:45- Knitting, Lacing and Puzzles</p>
<p>9:00- Α' ΝΗΣΤΕΙΩΝ, ΤΗΣ ΟΡΘΟΔΟΞΙΑΣ – Όρθρος - Θεία Λειτουργία 11:30- Holy Communion 1:30- Bingo 4:00- 1:1 Activities</p> <p>Daylight Saving Time Begins</p>	<p>10:00- Biblical Studies with Fr.Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Montessori Activities 3:30- Ball Toss</p>	<p>10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Education Session on Oral Health 2:30- Pizza Pie Day 2:30- Montessori Activities 3:00- Bingo</p>	<p>10:00- Μικρός παρακλητικός κανόνας εις την Υπεραγία Θεοτόκο (Nursing Home) 1:30- Greek Coffee Social 2:00- National Cinnamon Bun Day 2:30- Group Exercise 3:30- Sing-along</p>	<p>9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:00- Manicure 2:30- Montessori Activities 3:30- Religious Reading</p> <p>Purim Begins</p>	<p>9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- National Potato Chip Day 2:30- Movie Time 3:30- Newspaper 6:00- Β' Χαιρετισμοί</p>	<p>10:00- iPod/iPad Music 10:15- Bingo 1:30- Knitting, Lacing and Puzzles 2:30- Hot Chocolate Social 3:45- Small Group</p>
<p>9:00- Β' ΝΗΣΤΕΙΩΝ, ΓΡΗΓΟΡΙΟΥ ΠΑΛΑΜΑ - Όρθρος- Θεία Λειτουργία 11:30- Holy Communion 1:30- Discussion Group 2:30- Target Toss 4:00- 1:1 Activities</p>	<p>10:00- Biblical Studies with Fr.Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Saint Patrick's Day Celebration 3:30- Ball Toss</p> <p>St. Patrick's Day</p>	<p>10:00- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:30- Montessori Activities 3:30- Bingo</p>	<p>9:30- 1:1 Pastoral Visits 10:15- Resident Council Meeting 11:15- Target Toss 1:30- Greek Coffee Social 2:00- Education Session on Dementia 2:30- Group Exercise 3:30- Sing-along **World Social Work Day**</p>	<p>9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:00- Manicure 2:30- Montessori Activities 3:30- Religious Reading</p> <p>Spring Begins</p>	<p>9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- 1:1 Visits 2:30- Movie Time 3:30- Newspaper 6:00- Γ' Χαιρετισμοί</p>	<p>10:00- iPod/iPad Music 10:15- Bingo 1:30- Knitting, Lacing and Puzzles 2:30- Hot Chocolate Social 3:45- Small Group</p>
<p>9:00- Γ' ΝΗΣΤΕΙΩΝ, ΣΤΑΥΡΟΠΡΟΣΚΥΝΗΣΕΩΣ – Όρθρος - Θεία Λειτουργία 11:30- Holy Communion 2:30- Maple Syrup Day: Pancake Day 4:00- 1:1 Activities</p>	<p>10:00- Biblical Studies with Fr.Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Montessori Activities 3:30- Ball Toss</p>	<p>9:00- ΕΥΑΓΓΕΛΙΣΜΟΣ ΤΗΣ ΘΕΟΤΟΚΟΥ - Όρθρος - Θεία Λειτουργία 1:30- Balloon Tennis 2:00- Greek Independence Day Celebration 3:30- Bingo</p> <p></p>	<p>9:30- 1:1 Pastoral Visits 10:15- Residents Birthday Celebration 10:30- Group Exercise 11:15- Target Toss 1:30- Greek Coffee Social 3:30- Sing-along</p>	<p>9:45- iPod/iPad Music 10:15- Coffee Social at Estia 1:30- Balloon Tennis 2:00- Manicure 2:30- Montessori Activities 3:30- Religious Reading</p>	<p>9:45- iPad/iPod Music 10:15- Group Exercise 11:15- Ball Toss 1:30- 1:1 Visits 2:30- Movie Time 3:30- Newspaper 6:00- Δ' Χαιρετισμοί</p>	<p>10:00- iPod/iPad Music 10:15- Bingo 1:30- Knitting, Lacing and Puzzles 2:30- Hot Chocolate Social 3:45- Small Group</p>
<p>9:00- Δ' ΝΗΣΤΕΙΩΝ, ΙΩΑΝΝΟΥ ΤΗΣ ΚΛΙΜΑΚΟΣ – Όρθρος - Θεία Λειτουργία 11:30- Holy Communion 1:30- Discussion Group 2:30- Target Toss 4:00- 1:1 Activities</p>	<p>10:00- Biblical Studies with Fr.Kosta 11:00- Group Exercise 1:30- 1:1 Visits 2:30- Montessori Activities 3:30- Ball Toss</p>	<p></p>	<p></p>	<p></p>	<p></p>	<p></p>