

February 2025



Hellenic Care for Seniors (Toronto) Inc.



Newsletter

Upcoming Events

**February 8: Pet
Therapy**

**February 12: National
Banana Bread Day**

**February 14:
Valentine's Day
Celebration**

**February 18: Pizza Pie
Day**

**February 19: National
Cinnamon Bun Day**

**February 22: Residents
Birthday Celebration**



Family members and significant people of importance to the residents are encouraged to review and participate in activities posted on the activity calendar. Your feedback is welcomed and greatly appreciated.

Families and Friends of

Hellenic Care for Seniors (Toronto)

Maintaining the Health and Well Being of our residents remains a top priority, especially at a time when respiratory illness, such as COVID-19, influenza (flu) and respiratory syncytial virus (RSV), are high. Below are some important reminders for families and caregivers.

- ✓ Getting vaccinated and staying up to date on your vaccines is the best way to prevent severe illness.
- ✓ Speak with our IPAC lead Stephanie Genovese at extension 2234 for further information on the COVID-19, Flu and RSV vaccine.

Following Infection Prevention and Control practices in our Home is important at all times and especially during respiratory season. Visitors can help with making our Home safe by:

- ✓ Washing your hands often using hand sanitizer or soap and water.
- ✓ Wearing a mask, if and when possible.
- ✓ Staying home if you are feeling ill.

During an outbreak enhanced Infection Prevention and Control measures are implemented as directed by Toronto Public Health. Please continue to follow these enhanced measures.

As always, we thank you for your ongoing support.

Thank you,
Hellenic Care for Seniors

Hot Chocolate Social



Residents Birthday Celebration



HAPPY BIRTHDAY



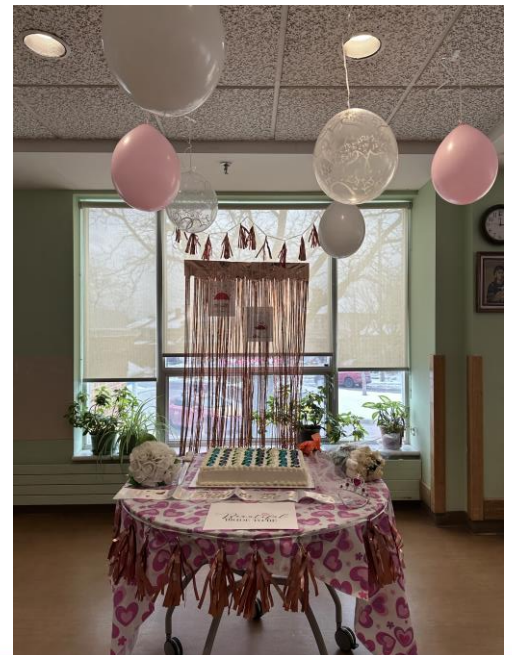
New Year Celebration



Vasilopita Cutting



Staff Bridal Shower



Activity Professional Week



Attention Visitors



If you have at least one of the following symptoms: fever and/or new onset of cough or difficulty breathing

OR

At least two of the following symptoms:

- chills
- fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- hoarse voice
- difficulty swallowing
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

please delay your visit AND contact your health care provider, or Telehealth Ontario (1-866-797-0000)