

February 2025



Hellenic Home for the Aged (Scarborough) Inc.

Newsletter



Upcoming Events

- February 1 - Pet Therapy with Puff-Puff and Friends.*
- February 5 - Elder Abuse Presentation by the Toronto Police.*
- February 6 - Apple Pie with Vanilla Ice Cream.*
- February 7 - Bingo in the C/Room.*
- February 8 - Movie Matinee with Popcorn in C/Room.*
- February 9 - Hot Chocolate with Marshmallows.*
- February 10 - Alzheimer Society Presentation on Brain Health.*
- February 13 - Arts & Crafts for Valentine's Day.*
- February 14 - Valentine's Day Celebration with Live Music.*
- February 15 - Art Therapy with Azalea in C/Room.*
- February 17 - Treats for Family Day.*
- February 20 - Birthday Celebration with Live Music.*
- February 23 - Mountain Tea Social.*
- February 25 - Heart Awareness Month-Discussion with NP in C/Room.*
- February 27 - Bowling Tournament in the C/Room.*

Family members and significant people of importance to the residents are encouraged to review and participate in activities posted on the activity calendar. Your feedback is welcomed and greatly appreciated.

Families and Friends of Hellenic Home Scarborough

Maintaining the Health and Well Being of our residents remains a top priority, especially at a time when respiratory illness, such as COVID-19, influenza (flu) and respiratory syncytial virus (RSV), are high. Below are some important reminders for families and caregivers.

- ✓ Getting vaccinated and staying up to date on your vaccines is the best way to prevent severe illness.
- ✓ Speak with our IPAC lead Dyvia Balan at extension 3121 for further information on the COVID-19, Flu and RSV vaccine.

Following Infection Prevention and Control practices in our Home is important at all times and especially during respiratory season. Visitors can help with making our Home safe by:

- ✓ Washing your hands often using hand sanitizer or soap and water.
- ✓ Wearing a mask, if and when possible.
- ✓ Staying home if you are feeling ill.

During an outbreak enhanced Infection Prevention and Control measures are implemented as directed by Toronto Public Health. Please continue to follow these enhanced measures.

As always, we thank you for your ongoing support.

Thank you,

Hellenic Home for the Aged (Scarborough) Inc.

Vasilopita Cutting



Birthday Celebration



Happy birthday from all of us at Hellenic Home Scarborough!

Pet Therapy



Cooking and Lunch Program



Arts & Crafts



Knitting Club



Baking



Reading Time



Having Fun



Life at Hellenic Scarborough



Attention Visitors



If you have any of the following symptoms of **COVID-19**:

- fever
- new onset of cough
- chills
- unexplained fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- difficulty breathing
- difficulty swallowing
- pink eye
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

OR you have been exposed to someone with COVID-19 or someone who has developed new respiratory symptoms, **please delay your visit AND contact either your health care provider, Telehealth Ontario (1-866-797-0000), or visit an Assessment Centre for testing.**